

# **Women's Health Clerkship Manual**

## Bethel University Physician Assistant Program **PHAS 710, 720, 730 (Clinical Field Placements I, II, & III)**

The Student Clerkship Handbook and Clinical Field Placement syllabi expectations and requirements will be followed for grading requirements. Please refer to those documents for additional course information.

### **Rotation Purpose**

In this rotation, students will be provided the opportunity to acquire skills to approach common issues of women's health including obstetrical and gynecological services. Students will participate in providing basic health care for the female patient including family planning, cancer detection, pre-natal care and nutrition. The emphasis of the Women's Health clinical experience is the provision of primary care and counseling to female patients including information on female anatomy and physiology, contraception, the menstrual cycle, sexually transmitted infections, infertility, PMS, conception, prenatal care, routine breast exam and other health concerns.

### **Preceptor Requirements**

Board Certified OB/GYN physician or Certified PA/NP working with a Board Certified OB/GYN physician (B3.05 & B3.06)

### **Clinical Field Placement Courses Objectives**

At the end of this course, the successful PA student will demonstrate competency in the following by achieving minimum evaluation, assignment, and exam scores as detailed in the Bethel University PA Clinical Handbook and the Bethel University PA Student Handbook:

1. Demonstrate appropriate history taking and physical exam skills when caring for clinical patients under supervision.
2. Assess laboratory and radiological test results appropriately to aid in clinical decision making.
3. Assimilate clinical data to develop diagnoses and treatment plans for patients, using evidence-based principles.
4. Appropriately perform clinical and surgical procedures within the scope of the physician assistant role, under supervision of a preceptor.
5. Establish professional relationships and communication skills with patients, preceptors, and clinical staff.
6. Appropriately document patient encounters in the SOAP note format, as well as logging in the electronic tracking system and submitting patient profiles to course forum.
7. Complete written continuing education activities to demonstrate preparedness for lifelong licensure requirements.

8. Assess ethical dilemmas encountered when in clinic, including analysis of how the patient and provider's worldview or faith perspective impacted the situation.

### **Rotation-Specific Instructional Objectives**

**By the end of the rotation, assessed by preceptor evaluation, student logging and end of rotation examinations, the PA student will be able to (B1.09, B3.03a, B3.04a & B3.04c, and B3.07b):**

At the conclusion of this rotation, the student will:

1. Gather information, formulate differential diagnoses, and propose plans for the initial evaluation and management of patients with common presentations.
2. Demonstrate a sound approach to the evaluation and initial management of acute and chronic illnesses routinely encountered in Women's Health.
3. Conduct a wellness visit for a patient of any age.
4. Conduct an encounter that includes patients and families in the development of screening and treatment plans.
5. Utilize evidence-based medicine to determine cost-effective diagnostic evaluation of common acute and chronic presentations.
6. Assess specific classes of pharmacologic agents along with their indications, contraindications and side effect profiles.
7. Judge the criteria utilized to determine whether hospitalization is required and the subsequent discharge criteria for a specific Women's Health disease/diagnosis.
8. Develop evidence-based health promotion/disease prevention plans for patients of any age or gender.
9. Discuss the influence of psychosocial factors on a patient's ability to provide a history and carry out a treatment plan.
10. Incorporate psychological issues into patient discussions and care planning.
11. Demonstrate interpersonal and communication skills that result in effective information exchange between patients of all ages and professionals from other disciplines and other specialties.
12. Integrate their understanding of the professional aspects of the Women's Health PA by showing respect, compassion, and integrity to all patients and providers.
13. Demonstrate ethical principles for provision/withholding clinical care, confidentiality of patient information, informed consent, and providing cost-effective health care and resource allocation without compromising quality.
14. Characterize the legal and regulatory roles of the Women's Health PA.
15. Document and record information in the medical record that shows an understanding for the legal, medical, ethical, and financial aspects of quality medical care as it relates to the Women's Health patient.
16. Apply information technology to support patient care decisions and patient education when given a specific Women's Health disease or diagnosis.
17. Integrate evidence from scientific studies, apply knowledge of study design and statistical methods, apply information technology and access/evaluate on-line information as it relates to a specific Women's Health disease or diagnosis.
18. Synthesize and incorporate aspects of the Christian faith in the application and delivery of medical knowledge and clinical skills for patient care.

## **Women's Health Rotation Minimum Exposures**

<b>Diagnosis</b>	
Abnormal Pap	
Abnormal Uterine Bleeding	
Annual Exam	
Contraception Management	
Pelvic Mass (cyst, fibroids, other)	
Pelvic Pain	
Perimenopause/Menopause Symptoms	
Prenatal Visit	
Routine Prenatal Care	
Sexually Transmitted Infection	
Vaginitis	

### **Level 1 Procedures (must perform)**

<b>Description</b>	
Bimanual Pelvic Exam	
Breast Exam	
Pap Smear	

### **Level 2 Procedures (must observe)**

<b>Description</b>	
Intrauterine Device placement or removal	
OB/GYN Ultrasound	

### **Professional Development**

1. Relate and perform professionally in a working situation with other members of the health care team.
2. Demonstrate an openness to receive constructive criticism.
3. Demonstrate a willingness to recognize limitations and seek help from supervising preceptors and appropriate reference materials.

4. Perform duties with a professional attitude in such areas as attendance, and dress code.
5. Demonstrate sensitivity to the emotional, social and ethnic background of patients.
6. Recognize the important role of the team of providers in the care of the elderly
7. Recognize the impact that distance from a referral center has on patient care.
8. Identify the obstacles to obtaining medical care for those who are uninsured.
9. Recognize the impact that poverty, setting or socioeconomic class of patient, may have on your treatment plan
10. Demonstrate understanding of end-of-life planning

**Text(s): RECOMMENDED RESOURCES**

Lipsky, Martin S., King, Mitchell S., Blueprints Family Medicine, Lippincott Williams & Wilkins, 3rd Edition, 2011.

Green, Steven M., Pocket Pharmacopoeia, Tarascon, 2017

The Sanford Guide to Antimicrobial Therapy, 2017

McPhee, Stephen J., Papadakis, Maxine A., Tierney, Lawrence M., Current Medical Diagnosis & Treatment 2016, McGraw Hill, 52nd Edition, 2016.

DH Cooper, A J Krainik, S J Lubner, H E Reno & S Micek, The Washington Manual of Medical Therapeutics, Lippincott Williams & Wilkins, 35<sup>th</sup> Edition, 2016.

**Additional Resources**

Moore JG, Hacker NF, Schmitt W: *Essentials of Obstetrics and Gynecology 6th Edition*; WB Saunders Co.; 2016.