

# **Behavioral Medicine Clerkship Manual**

## **Bethel University Physician Assistant Program PHAS 710, 720, 730 (Clinical Field Placements I, II, & III)**

The Student Clerkship Handbook and Clinical Field Placement syllabi expectations and requirements will be followed for grading requirements. Please refer to those documents for additional course information.

### **Rotation Purpose**

The purpose of this 4-week rotation is to educate the physician assistant student in the evaluation, diagnosis, management, and treatment of acute and chronic psychiatric problems encountered in Behavioral Medicine. This is a clinical rotation emphasizing the behavioral and bio-psychosocial aspects of common mental disorders. Inpatient and outpatient settings allow students to participate in practical clinical work, seminars, and case presentations. The development of clinical interviewing, diagnostic and treatment planning skills are stressed. Clinical experiences are intended to assist the student's transition from didactic to integrated clinical evaluation, decision-making, and management of patients with psychiatric problems. In addition to gaining specific skills in Behavioral Medicine during this rotation, the student should also continue to develop skills in systematic problem solving and patient management abilities, establish or reinforce patterns of independent learning, self-evaluation, inter-professional relationships and communication skills.

### **Preceptor Requirements**

Board Certified Psychiatrist, Clinical Psychologist, Licensed Therapist, or Certified PA/NP working with a Board Certified Psychiatrist (B3.05 & B3.06)

### **Clinical Field Placement Courses Objectives**

At the end of this course, the successful PA student will demonstrate competency in the following by achieving minimum evaluation, assignment, and exam scores as detailed in the Bethel University PA Clinical Handbook and the Bethel University PA Student Handbook:

1. Demonstrate appropriate history taking and physical exam skills when caring for clinical patients under supervision
2. Assess laboratory and radiological test results appropriately to aid in clinical decision making
3. Assimilate clinical data to develop diagnoses and treatment plans for patients, using evidence-based principles
4. Appropriately perform clinical and surgical procedures within the scope of the physician assistant role, under supervision of a preceptor
5. Establish professional relationships and communication skills with patients, preceptors, and clinical staff.
6. Appropriately document patient encounters in the SOAP note format, as well as logging in the electronic tracking system and submitting patient profiles to course forum.

7. Complete written continuing education activities to demonstrate preparedness for lifelong licensure requirements.
8. Assess ethical dilemmas encountered when in clinic, including analysis of how the patient and provider's worldview or faith perspective impacted the situation.

**Rotation-Specific Instructional Objectives**

**By the end of the rotation, assessed by preceptor evaluation, student logging and end of rotation examinations, the PA student will be able to** (B1.09, B3.03a, B3.04a & B3.04c, and B3.07b):

- Elicit a record of an appropriately complete and organized psychiatric history.
- Conduct and record an appropriately complete and accurate psychiatric examination.
- Communicate in a facilitative, effective, and efficient educational manner with patients and patients’ families.
- Identify the social and psychological components of patient’s medical problems.
- Use knowledge of the etiology, epidemiology, and pathophysiology of psychiatric illnesses, correlated with presenting signs and symptoms, to establish a psychiatric diagnosis.
- Develop an accurate and complete problem list.
- Select and interpret diagnostic studies to evaluate the differential diagnosis.
- Formulate a reasoned differential diagnosis for each problem.
- Communicate clearly and succinctly to colleagues and other members of the health care team.
- Formulate an appropriate initial and ongoing treatment plan considering the severity, urgency, and patient’s social situation.

**Behavioral Medicine Rotation Minimum Exposures**

<b>Diagnosis</b>	
Anxiety Disorder	
Mood Disorder	
Personality Disorder	
Depression	
Somatoform Disorder	
Substance Abuse Disorder	

## **Professional Development**

1. Relate and perform professionally in a working situation with other members of the health care team.
2. Demonstrate an openness to receive constructive criticism.
3. Demonstrate a willingness to recognize limitations and seek help from supervising preceptors and appropriate reference materials.
4. Perform duties with a professional attitude in such areas as attendance, and dress code.
5. Demonstrate sensitivity to the emotional, social and ethnic background of patients.
6. Recognize the important role of the team of providers in the care of the elderly.
7. Recognize the impact that distance from a referral center has on patient care.
8. Identify the obstacles to obtaining medical care for those who are uninsured.
9. Recognize the impact that poverty, setting or socioeconomic class of patient, may have on your treatment plan.
10. Demonstrate understanding of end-of-life planning.

## **Text(s): RECOMMENDED RESOURCES**

Lipsky, Martin S., King, Mitchell S., Blueprints Family Medicine, Lippincott Williams & Wilkins, 3rd Edition, 2011.

Green, Steven M., Pocket Pharmacopoeia, Tarascon, 2017

The Sanford Guide to Antimicrobial Therapy, 2017

McPhee, Stephen J., Papadakis, Maxine A., Tierney, Lawrence M., Current Medical Diagnosis & Treatment 2016, McGraw Hill, 52nd Edition, 2016.

DH Cooper, A J Krainik, S J Lubner, H E Reno & S Micek, The Washington Manual of Medical Therapeutics, Lippincott Williams & Wilkins, 35<sup>th</sup> Edition, 2016.

## **Additional Resource**

Quick Reference to the Diagnostic Criteria from DSM-IV-TR. (2000). American Psychiatric Association.